#### COMMUNITY MENTAL HEALTH OF OTTAWA COUNTY

## INDIVIDUAL CARE TO CONSUMERS

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CHAPTER: 4	SECTION:	14	SUBJECT: INDIVIDUAL
			CARE TO CONSUMERS
TITLE:			
PSYCHIATRIC SERVICES			
EFFECTIVE DATE:			REVISED/REVIEWED DATE:
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ISSUED AND APPROVED BY:			
EXECUTIVE DIRECTOR			

# I. PURPOSE:

To describe the services performed by prescribers.

## II. APPLICATION:

To all Community Mental Health of Ottawa County (CMHOC) operated and contracted programs as specified by contract.

#### III. DEFINITIONS:

<u>Prescriber:</u> A psychiatrist, nurse practitioner, or physician's assistant who directs the selection and prescribing of medication(s).

#### IV. POLICY:

It is the policy of CMHOC to retain prescribers and advanced practice registered nurses licensed in the State of Michigan to provide psychiatric services for CMHOC consumers.

# V. PROCEDURE:

(Refer to Medication Committee Manual for more specific procedures)

#### A. Assessment and evaluation:

- 1. Referral for psychiatric assessment and evaluation will be made by the assigned clinician/case manager/supports coordinator, following a complete psychosocial assessment and in conjunction with person-centered planning.
- 2. The clinician making that determination will request support staff to make an appointment for the individual with a prescriber.
- 3. A written psychosocial assessment will be available to the prescriber at the time of the appointment.
- 4. All emergency or urgent appointments will be arranged by the treatment team serving the individual.

#### B. Treatment:

- 1. Following assessment and evaluation, the prescriber will prepare a psychiatric evaluation report that will outline the plan of treatment for psychiatric services.
- 2. The plan of treatment will be documented in the clinical record and added to the individual plan of service.

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- 3. Follow-up appointments with the prescriber, if needed, will be arranged at intervals determined by the prescriber.
- 4. Significant events will be communicated to the primary care physician (e.g., when psychotropic medications are initially prescribed and/or significantly changed).

# C. Supervision:

- 1. A psychiatrist will review and sign all treatment plans, status reports, and discharge reports prepared as required by third party payors.
- 2. The prescriber may, from review of the record, determine that a psychiatric evaluation is indicated and coordinate with the assigned treatment team to arrange for it.

## D. Certification:

- 1. A psychiatrist may prepare proper certification, if in the course of treatment, a patient under his/her care needs hospitalization.
- 2. In most circumstances, consumers, prior to hospital certification, will first be evaluated by Crisis Intervention Service or a member of the assigned CMHOC treatment team.
- 3. The prescriber may refer or delegate the responsibility to Crisis Intervention Services to obtain certification at the emergency room of a medical hospital.
- 4. During normal clinic business hours, a psychiatrist may be asked to evaluate and prepare certification for a person who is not under his/her care.
- 5. If continuing order is required, a staff psychiatrist is expected to facilitate the process up to and including a court appearance.

# E. <u>Medication/Prescription on Site/Medication Storage/Provision of Medication Samples</u>: The prescriber shall follow guidelines set by the Pharmacy and Therapeutics Committee.

#### F. Referral

The prescriber will provide consultation, as necessary, to facilitate transition.

## G. Seeking Consultation:

If in the course of evaluation or treatment, the prescriber deems it necessary to obtain further assistance; the prescriber may seek consultation with another CMHOC prescriber, or the Lakeshore Regional Entity Medical Director.

# H. On-Call Duties:

Certain prescribers may provide on-call consultation (by telephone only, no face-to-face patient contact) as needed outside normal clinic business hours.

## I. Primary Care Provider Consultation

Also known as "curbside consultation," any Primary Care Provider (PCP) can request, free of charge, a psychiatric consultation with a CMHOC prescriber or through the CMHOC/University of Michigan MC3 collaborative project. This process is outlined in Operational Guideline 10(06) Psychiatric and Primary Care Provider Consults.

## VI. ATTACHMENT:

Not applicable.

#### VII. REFERENCE:

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The Michigan Department of Health and Human Services Standards for Mental Health Services, and MDCH Administrative Rules.

Operational Guideline 10(06) Psychiatric and Primary Care Provider Consults.

Pharmacy and Therapeutics/Medication Committee Medication Manual