

Certified Behavioral Health Clinic Expansion Grant

Grant Period:
8/31/2021-9/30/2023
Funding:
Year 1: \$1,985,571
Year 2: \$1,819,971

What is CCBHC?

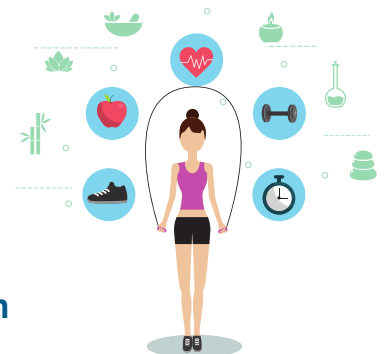


Community Mental Health of Ottawa County was awarded the Certified Community Behavioral Health Clinic (CCBHC)-Expansion Grant funded by Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2021. As a CCBHC, we provide a range of mental health and substance use disorder services, focusing on better integration of mental and physical health care and whole person wellness.

We take a person-centered approach, meaning prioritizing quality care while working towards outcomes identified by individuals to improve their lives. We collaborate with community organizations to ensure coordination of care for mutually served individuals.

Program Highlights

- 307 participants have completed the National Outcome Measurement survey (NOMs) to assess health, social connectedness, and functioning.
- 2 Health Fairs with 30+ vendors were held in the community to provide resources and educational materials to community members and individuals we serve.
- Monthly education opportunities for staff and consumers including :
 - Diabetes Education
 - Flu Vaccinations
 - Oral Hygiene
 - Smoking Cessation and Education



- 100% of Clinicians are trained in American Society of Addiction Medicine (ASAM) intervention.
- Nursing staff provided an 8-week Diabetic course to provide education and support for those diagnosed with diabetes.
- Licensed Dietitian offering one-on-one support as well as group classes.
- Offering Health and Wellness initiatives to those receiving services. These classes include:
 - Cardio Drumming
 - Self-Care Workshops
 - Mindfulness Groups
 - Cooking Classes
- Developed community partnerships to improve care coordination for mutually served consumers. Partnerships include:
 - InterCare
 - Nottawaseppi Huron Band of Potawatomi
 - Holland Free Health Clinic
 - City on a Hill Health Clinic
 - Tri-Cities YMCA
 - Community Action House
 - Lakeshore Housing Alliance

Future of CCBHC

- Applied for CCBHC- Improvement and Advancement grant
- Applied for CCBHC Demonstration program through State of Michigan
- Continue to develop community partnerships throughout Ottawa County to better support those we serve
- Expand number of health and wellness classes
- Collaborative 2024 Community Health Fair
- Enhance current coordination of care efforts

