



Ottawa County

Year-round Neighborhood Parks Group Walks

Walk fast or walk slow, go the full distance or walk a part.

Relax, enjoy, meet people....and move!

Free • Led by volunteers • No registration required, unless noted

For the most up-to-date information, visit

www.miOttawa.org/OttawaWalks

Let's Get Walking! Walk schedule from April 1-June 30, 2020.

Tuesdays at 6:00 pm - Stearns Creek County Park (13594 136th Avenue, Grand Haven). Come out and enjoy 1.7 miles of natural beauty at this new county park. Meet at the trail head at the parking lot. This is a great opportunity to explore a new county park!

Wednesdays at 5:30 pm - Various Locations. Spectrum Health Zeeland Community Hospital group walks with a registered dietitian. Walks are 1-2 miles and cover brief health topics. Registration required. To obtain schedule—call (616) 748-2834.

Wednesdays at 6:00 pm - North Ottawa Dunes (18201 N Shore Rd, Spring Lake). Meet at the trailhead, park at Coast Guard Park. Enjoy a scenic unpaved trail—moderately easy.

Thursdays at 5:30 pm - Paw Paw Park East (1230 Paw Paw Park Drive, Holland). Meet at the parking lot near the American Legion on Paw Paw Drive. Looking to meet some new faces in your community by enjoying an invigorating but casual walk with nature? Come out and give it a try.

Fridays at 10:30 am - Central Park (817 Central Avenue, Spring Lake). Meet by restrooms. Driving access available from both Fruitport Road and Savidge. Plenty of benches along the route if you need a rest. "Step counting" is more fun when you are with a group!

For more information, contact: Amy Sheele, Ottawa County Department of Public Health (616) 393-5799 or asheele@miottawa.org. Walks will be canceled in heavy rain or thunderstorms.

Updated schedule available June 30, 2020.

