Why Senior Reach®?

With age comes new social, physical, and emotional challenges. Many seniors have the support of friends and family during difficult times while others do not. Some older adults have more difficulty and require more help, but may be reluctant to seek it or may not know where to go.

With the help of community members, called *Community Partners*, along with local service agencies, our purpose is to reach out to these older adults and provide the support that can truly make a difference.

Sponsors:

COMMUNITY MENTAL HEALTH
OTTAWA COUNTY

Thank you to our funders:

SENIOR REACH®
Reaching Out ◆ Meeting Needs

MICHIGAN health ENDOWMENT FUND

REV. 10/2015

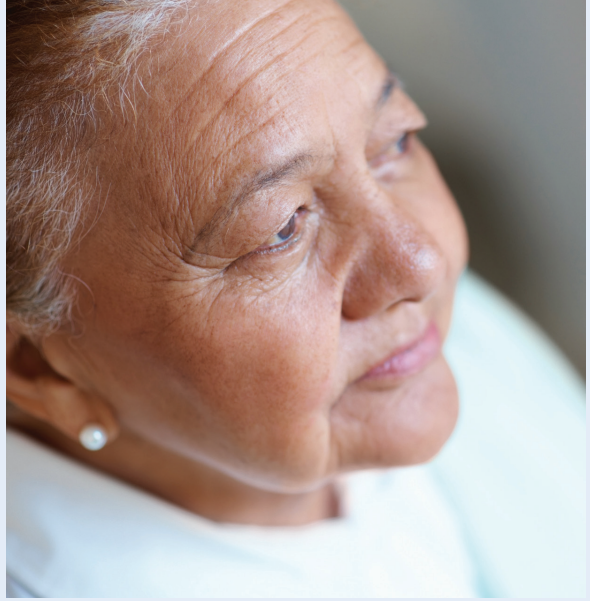
Are You Concerned About an Older Person?

SENIOR REACH®
Reaching Out ◆ Meeting Needs

Community Mental Health of Ottawa County
Ph. 877-588-4357
www.miottawa.org/cmh

Serving adults 60 and older in your community.

NREPP
Included in SAMHSA's National Registry of Evidence-based Programs and Practices



What is Senior Reach®?

Support for the wellbeing, independence and dignity of older adults through community education, mental health services, and connection to community resources.

- It is a community program that identifies older adults who may need emotional or physical support and/or connection to community services.
- It is a simple way to help older adults get assistance before a serious crisis develops.
- It is a strong partnership between agencies, businesses and community minded individuals... *like You!*

How Does Senior Reach® Work?

The Senior Reach Community Partners are trained volunteers who identify older adults who may need help. Community Partners contact our call center to discuss their concerns and make a referral.

The Senior Reach Specialist will talk with the senior to determine need and willingness for intervention. If the older adult agrees Senior Reach will help connect them with appropriate services.

Senior Reach® Services

- **counseling**
- **care management referrals**
- **connection to community resources**
- **depression screening and treatment**
- **identification and early intervention of prescription drug misuse or abuse**

Warning Signs That Someone May Need Assistance

Watch for the following signs that could indicate that an older adult is in need of help.

- **Mental State:** Confusion, disorientation, memory loss, repetitiveness
- **Physical:** Difficulty in seeing, hearing or walking, alcohol or substance abuse
- **Emotional:** Recent loss of spouse, appears depressed, anxious or withdrawn, loss of appetite
- **Social:** Isolated, possible victim of abuse, neglect or exploitation
- **Appearance:** Unkempt, dirty clothes, weight loss
- **Environment:** Home needs repair, trash or debris in yard, neglected pets.
- **Economic:** Confused about money matters and an inability to afford necessities.

If you want to refer a senior, volunteer as a Community Partner, or get more information about Senior Reach® or issues that impact an older adult's health, contact Senior Reach®:

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